



MANAIA ASSIST  
**NEWSLETTER**

ISSUE: SEPTEMBER 2023

**WHAT'S NEW?**

- Empowerment Training
- November Walk and Talk
- My Manaia Journey
- Marrickville House
- New Recruits
- And more!

*We are here to  
enhance lives  
across Australia*



[www.manaiaassist.com.au](http://www.manaiaassist.com.au)

# UNLOCKING THE POWER WITHIN:

## EMPOWERMENT TRAINING WITH MANAIA ASSIST

Imagine a workspace where every individual shines, not just as a professional, but as a human being—full of dreams, hopes, and aspirations. Manaia Assist is more than just a company; it's a place where personal growth and organisational success are intertwined in the most harmonious way. At the heart of this evolution is our signature training program - *Empowerment Training*.

## WHY EMPOWERMENT TRAINING?

In the vibrant mixture of our diverse workforce, each individual holds a unique story and a unique potential. But potential, no matter how great, remains dormant without the right stimulus. This is where Empowerment Training takes effect. We are committed to unlocking the boundless potential within our Manaia staff, ensuring that everyone not only meets their professional milestones but also accomplishes their personal goals and dreams.

## PILLARS OF OUR TRAINING

### Self-Awareness

We believe that before you can effectively manage a team, you need to manage yourself. Our training explores deep into personal growth by helping staff to acknowledge their strengths and areas for growth, set personal milestones, and celebrate each achievement.

### Cultural Framework

In a global landscape, understanding and embracing diverse cultures isn't just an advantage — it's a necessity. Our training ensures that every member respects and values the richness that different cultures bring to our organisation.

### Empathy & Self-Awareness

In an age of automation, genuine human connections are our most valuable asset. Empathy and self-awareness forms the bedrock of our training, ensuring that we connect, understand, and value each other beyond job titles and designations.

### Inclusive Leadership

We foster a culture where leadership isn't defined by seniority but by the ability to include, understand, and inspire. Everyone has a leader within, and our training ensures that this leadership quality is nurtured and brought to the forefront.

## THE MANAIA DIFFERENCE

Hosted by the dedicated management of Manaia Assist, our training isn't a mere routine, it's an experience. We've witnessed firsthand the transformative power of this program. Staff emerge with a renewed sense of purpose, aligning their personal aspirations with organisational goals, ensuring a journey that is fulfilling on all fronts.

Our training instills a culture of genuine care, nurturing each individual not as a resource, but as a valued member of the Manaia family. We have created an environment where team members don't just work they thrive, flourish, and make a difference.

At Manaia Assist, we believe in chasing the infinite potential within our people. Through the Empowerment Training program, we are not just building a team; we are sculpting future leaders, innovators, and most importantly, fulfilled individuals.

**Join us on this transformative journey, and together, let's unlock the magic within!**



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# WALK AND TALK IS HERE!

Step right into the Walk and Talk initiative by Manaia Assist, the ultimate fusion of companionship and health! Dive deep into refreshing conversations as you stroll and let the rhythms of life guide your feet. The sizzle of the BBQ awaits, with participants diving into the joy of grilling, complemented by refreshing drinks and crisp salads.

Stay informed with timely updates via our newsletter, social media, and website.

## SUCCESS STORY

### MANAIA ASSIST NEWSLETTER SPOTLIGHT: CELIA'S TRIUMPH OVER CHALLENGES

The journey of resilience, determination, and sheer will is best exemplified by one of our very own - Celia. Living with mental health challenges, Celia's story is one of inspiration and hope, showcasing that with the right routine and support, anyone can thrive.

Community involvement is key for Celia. Whether it's attending GP appointments, or participating in community activities. From the Botanical Gardens to the beach and church visits, Celia explores life with enthusiasm.

A true food enthusiast, Celia often assists staff in cooking, showcasing her love for curries and stir-fry.

Celia's story is a testament to the fact that challenges, no matter how daunting, can be navigated with grit, a supportive community, and a routine that emphasises self-care.

At Manaia Assist, we take immense pride in being a part of Celia's journey. Her story is a beacon of hope and an embodiment of the spirit of Manaia: embracing challenges, celebrating little joys, and moving forward with unwavering determination.

# MY MANAIA JOURNEY: GIFT DEESIRI

Since stepping into Manaia Assist in 2021, it's been nothing short of a transformative journey for me. Fresh into my Bachelor of Psychology studies, I was keen to learn, eager to grow, and ready to make a mark. But what I received from Manaia went beyond any expectations.

It wasn't just a job; it was a training ground. The management at Manaia Assist didn't merely assign tasks; they nurtured talents, ensuring every opportunity for me to improve my skills. And while my academic endeavours provided the theory, Manaia was the real-world application. It bridged the gap between books and reality, guiding me in applying my knowledge in the most profound ways.

But it wasn't just about work. The warmth of the staff, the companionship, the genuine support - it made me feel at home from day one. I wasn't just a newbie; I was a valued member of a family. Their unwavering support helped me evolve, pushing me to outdo myself, and encouraged me to be the best version of myself.

The culture at Manaia is its soul. It's not just about completing tasks for clients. It's about personal evolution. It's about becoming better, not just as a professional, but as a human being. Today, as I look back, I realise that Manaia didn't just shape my career; it sculpted my personality.

Manaia Assist isn't merely a company; it's a family. It's a group of people coming together with a shared vision, fostering growth, not just of the organisation, but of every individual associated with it.

And as I share my journey with you, I hope it inspires many more to come forward. Do you have a story with Manaia that has touched your heart, moulded your path, or simply brought joy to your days? Share your tales, let the world know how Manaia has been a beacon in your life.

Send your inspiring stories to:  
[admin@manaiaassist.com.au](mailto:admin@manaiaassist.com.au)

Let's  
celebrate  
our journeys  
together!



# MARRICKVILLE HOUSE

Manaia Assist is thrilled to announce that we have one room available in Marrickville, suitable for both males and females. We are dedicated to providing high-quality Supported Independent Living.

## WHY MANAIA ASSIST?

### JOIN A CARING COMMUNITY:

At Manaia Assist, we're not just a team; we're a family. We foster a supportive and inclusive environment where you can thrive.

### MAKE A REAL DIFFERENCE:

Our mission is to empower individuals to lead fulfilling lives. When you work with us, you're contributing to positive change every day.

### HIGH-QUALITY CARE:

We take pride in providing top-notch Supported Independent Living. Your commitment to quality aligns perfectly with our values.

## 2 VACANCIES AVAILABLE:

We are proud to offer SIL opportunities with two bedrooms available.

### FURNISHED:

These bedrooms are fully furnished, providing everything you need for a comfortable stay.

### LARGE KITCHEN:

With access to a large kitchen area, you can easily prepare meals or snacks during your stay.

**And More!**

## NEW RECRUITS

Welcome to the Manaia Assist family, where your dedication and skills will make a significant difference in the lives of those we serve - we're thrilled to have you on board!

### MYAH:

Myah is new in the disability industry and is currently studying Social Work.

### MAFI:

Mafi may appear as a reserved man but his ability to work at any house and with any client is undeniable!

### ROSI:

A part of Rosi's life goals is to become a doctor and would like to gain some experience with diverse people in Manaia!



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**Let's Connect**



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