



Manaia Assist

Newsletter Issue : June 2023

WHAT MAKES US DIFFERENT ?

- FIND OUT MORE -

THE MANAIA ASSIST NEWSLETTER IS HERE!

Welcome to the latest edition of the Manaia Assist newsletter! This month, we're bringing you the latest news and updates from our team, so you can stay informed about what's happening in the world of Manaia Assist.

So, read on to learn more about what Manaia Assist has been up to this month and how we are making it easier for you and your loved ones to access the services you need.

PARTICIPANT SUCCESS STORY



Tony's Triumph with Manaia Assist :
Keeping to a structured morning routine



When it comes to living with a disability, having a structured routine can be incredibly beneficial for both physical and mental health. That's where Manaia Assist comes in. With our personalised disability support services, we assist participants like **Tony who established a routine that works for him, and we provide the support he need.** In this success story, we'll be sharing Tony's journey and how he has found triumph through his morning routine.

Tony's morning routine is a critical part of his day. Structure and routine are essential for his well being. He wakes up around 7am and uses his iPad to help him get started for the day. Medication before and after breakfast helps him manage for the day.

After breakfast, Tony makes his bed and takes a shower. This is followed by the most crucial part of his morning routine. Tony likes to plan his lunch and writes a draft of the things he would like to eat. Staff members then acknowledge what he writes down by ticking the items. Sometimes, Tony would

write down too much junk foods that he enjoy, and the staff redirect him with more healthier options.

The community participation service offered by Manaia Assist has been a game-changer for Tony's daily routine. With the help of staff members, Tony gets to experience a variety of outdoor and indoor activities, including gym sessions that he absolutely loves. Guided by a staff member who is gym trainer. Tony hops on his favourite gym bike and pedals away for 20 to 30 minutes. His daily fruit snack is the perfect way to refuel after an invigorating workout. These activities help Tony to maintain his fitness and well-being while having fun at the same time.

Tony's love for food is evident looks forward to a great lunch with excitement! Although food is a major part of his routine, the staff ensures he gets a balanced diet by providing him with healthy options as well.



Aside from his love for food, Tony also enjoys going on van drives.

It's an opportunity for him to see different sights and enjoys the outdoors. But what he really looks forward to is lunchtime. It's his favorite time of the day, and he enjoys sharing meals with his fellow participants and staff members.

Tony enjoys the van drives and lunchtime are just a few of the many activities that Tony enjoys throughout the day. These activities help him keep to a structured routine and provide him with a sense of lifestyle and purpose. With the help of Manaia Assist, Tony is able to live his life to the fullest, and we couldn't be happier for him.

Ensuring a planned routine, Tony can stay organised and calm. The structure gives him a sense of control and helps him feel more confident as he goes about his day. It also helps him focus on other important things like his community participation, gym sessions, and hobbies.

Overall, Tony's morning routine is a testament to how important structure and routine can be for people who have Autism.

Manaia Assist helps Tony with to his routine, making it easier for him to navigate the day and find success in everything he does.



YOUTH / CHILDREN SERVICES

At Manaia Assist, we believe that every child deserves to grow and develop in a safe and supportive environment. With our Youth Services / Children's Services, we strive to meet the diverse needs of children and their families through a range of programs and supports. Whether it's providing respite care for parents, offering educational and developmental programs for children, or offering financial assistance, we are committed to making a positive difference in the lives of children and their families.



OUR CHILDREN'S SERVICES ARE DESIGNED TO PROMOTE THE WELL-BEING OF CHILDREN BY PROVIDING A RANGE OF SUPPORTS TO MEET THEIR UNIQUE NEEDS.

From providing mentoring to offering supervised residential care and community access, our programs are tailored to ensure that children have the best possible chance of reaching their full potential. Additionally, we offer grants and funding for organisations providing services to families, further demonstrating our commitment to supporting children and their families.

Through our Children's Services, we aim to create a safe and supportive environment for children where they can thrive and develop to their full potential. By offering a range of supports, we are able to meet the

OUR COMMITMENTS.

diverse needs of children and their families, ensuring that every child has access to the resources they need to succeed. At Manaia Assist, we believe that every child deserves the chance to achieve their dreams and we are committed to helping them do just that.

It is paramount that children are provided with a safe and secure environment to grow, learn and explore. Manaia Assist's Children's Services is an organisation dedicated to promoting a safe and nurturing environment for children.

Through its Children's Services, Manaia Assist is dedicated to providing the necessary support and resources to children and teenagers that help them live a life free from fear or harm. This blog post will explore the ways that Manaia Assist is promoting a safe environment for children through its Children's Services.

RESPIRE CARE

Respite Care is an overnight stay program for children for up to seven days. This service is aimed to support families who need a break from their caring responsibilities or to allow them to take care of other important tasks. This service is ideal for families who need a break but do not require permanent residential care.

SPECIALISED SUBSTITUTE RESIDENTIAL CARE (SSRC)

The Supervised Residential Care and Community Access program is available to children who are unable to live with their families or need support to do so. Our staff provide 24-hour supervision to ensure that the children receive the necessary care and support. The program also encourages children to participate in various community activities and attend school.

SSRC is an arrangement between a parent and an organisation for a child to receive care away from their usual home, for 3 or more nights in any 7-day period. The care must be:

- for respite
- for behaviour support or
- funded by the National Disability Insurance Scheme (NDIS).

TYPES OF CARE THAT CAN BE PROVIDED BY SSRC SERVICES INCLUDE:

- stays of 3 or more nights within a 7-day period in a group home, respite, hotel, or Airbnb environment (days do not need to be consecutive)
- overnight or short-term accommodation in a group home or respite environment
- overnight stays of 3 or more nights with another family in a 'host family' arrangement
- longer-term residential care
- camps of 3 or more nights that focus on respite or behaviour support and
- accommodation provided under the NSW Bail Assistance Program.

SSRC can be a one-off arrangement made in an emergency or involve frequent or long-term care. These arrangements can be funded in several ways, including direct payment by families, the Bail Assistance Program or through the NDIS.

Mentoring Programs

Mentoring is a service that offers gender and culture-specific support for young people. The program matches participants with a mentor who shares similar interests and experiences. The mentor acts as a role model and offers support to help participants achieve their goals.

Overall, our Children's Services aim to meet the needs of children in a safe and nurturing environment. We value the wants and needs of children and aim to prevent or minimize harm that may impact them. By offering a range of services, we can provide the appropriate level of care and support to meet the unique needs of each child.

Moreover, as part of our commitment to providing the best possible care for children, we oversee the implementation of various schemes and practices that promote child safety. This includes the Reportable Conduct Scheme and Child Safe Scheme, which aim to ensure that children are protected from harm and abuse.

MANAIA ASSIST IS COMMITTED TO PROMOTING A SAFE ENVIRONMENT FOR CHILDREN THROUGH THEIR CHILDREN'S SERVICES. THROUGH THIS SERVICE, MANAIA ASSIST PUTS THE NEEDS OF CHILDREN FIRST, TAKING INTO ACCOUNT THEIR THOUGHTS, BEHAVIOURS AND ACTIONS, WHILE STRIVING TO PREVENT AND MINIMISE ANY POTENTIAL HARM THAT MAY COME THEIR WAY.



MEET & GREET

THE SYDNEY DISABILITY CONNECTION EXPO 2023



It is an incredible event that brings together a diverse range of people who are passionate about making a difference in the lives of those living with disabilities.

WITH OVER 4.4 MILLION PEOPLE IN AUSTRALIA LIVING WITH SOME FORM OF DISABILITY, it is important that we come together to share knowledge, resources, and support.



This event is not just about booths and pamphlets - it is a huge community event that offers entertainment and activities for all ages, including adults, families, children, carers, and guardians. Over 200 exhibitors will be present, including NDIS Service Providers, Allied Health, Early Intervention, resource and equipment suppliers, home and community services, and disability/complex case services for adults and children.



There will be plenty of opportunities for attendees to connect, network, and learn from each other. Whether you are a carer, a service provider, or a person with a disability, there will be something for everyone at the Sydney Disability Connection Expo 2023. So mark your calendars, and join us for this incredible event that promises to make a difference in the lives of so many.

It's gonna be fun!

- COME SEE US -

IT'S GREAT TO BE OUT THERE.

Manaja Assist
protection
partnership
participation

www.manajaassist.com.au

SIL & STA VACANCIES NOW!

1
BEDROOMS

**SDA/SIL
CAMPSIE**

Manaia Assist currently has one vacancy available in our accommodation services! We have one room available in Campsie, and two rooms available in Marrickville.

This is perfect for a single female, with built-in robes and extra cupboards in the front of the house. It also features a spacious backyard with an outdoor entertainment area and vegetable garden. The kitchen area includes two lounge areas, one in front and one in back. It's also conveniently located close to the train station, as well as shops and restaurants.

- Campsie – female only
- 1 bedroom available
- Built in robe and extra cupboards at front of the house
- Spacious backyard with outdoor entertainment area
- Vegetable garden
- Kitchen area
- 2 lounge areas, 1 in front and 1 in back
- Close to the train station
- Close to Campsie shops and restaurants



2
BEDROOMS

**SIL
MARRICKVILLE**

These rooms are open to both males and females. Each room is furnished and includes a large kitchen area that is shared between the two rooms. There's also a garden area, two bathrooms, and the property is secured.

Plus, it's close to the train station and shops, with lots of restaurants to choose from.

- Marrickville Site – 2 rooms, Male/Female
- 2 bedrooms available
- Furnished rooms
- Large kitchen area (shared)
- Garden area
- 2 bathrooms
- Secured property
- Close to the train station
- Close to shops and lots of restaurants to choose from



**If you're looking for a place to stay,
or if you know someone who needs
a place to live, be sure to get in touch with
Manaia Assist right away!**

KEEP AN EYE OUT FOR YOU.

**Manaia
Assist** protection
partnership
participation

www.manaiaassist.com.au

SAY HI!

to our new team members



MARICA TALEMAILAGI

Marica has just started in the industry but has the passion and thirst to learn from her colleagues. She is currently working on a certificate in Community Services.



MOSESE TUIWAINIKAI

Mosese is a former rugby player from Fiji and is currently working on a certificate in Community Services. He has been working with our participants under Juvenile Justice.



Suite 4/64 Kitchener Parade
Bankstown NSW 2200

manaiiaassist.com.au

EMAIL
admin@manaiiaassist.com.au

PHONE
1 300 626 242

LET'S CONNECT



ALL INFO CAN BE FOUND ON OUR WEBSITE